

Information compiled by your Safety Committee from recent safety publications

## STAY HEALTHY

There are some basic precautions that can protect workers during the 2009-2010 flu season. This information guides employers and managers on ways to protect workers whose job tasks involve contact with coworkers and the general public.

- Encouraging **sick workers to stay home**
- Workers who have a **fever or chills and a cough or sore throat stay at home until 24 hours after their fever ends** without the use of medication
- **Wash hands** after blowing your nose, coughing, sneezing
- **Cover coughs and sneezes** with a tissue or cough and sneeze into your upper sleeve
- Frequently **clean all commonly touched work surfaces**, work areas, and equipment such as doorknobs, lunch areas, counter-tops copiers clean
- Encourage workers to **get vaccinated** for seasonal flu and for the 2009 H1N1 flu when these are available.

Employers and workers should review:

**OSHA's Workplace Safety and H1N1 website** to ensure they have the most up-to-date information

[www.osha.gov/h1n1](http://www.osha.gov/h1n1)

Info from the U.S. Department of Labor

## Qualified Person

A QUALIFIED Electrician shall be:

- **TRAINED and KNOWLEDGE-ABLE** of the construction and operation of equipment or a specific work method
- **TRAINED to recognize and avoid the ELECTRICAL HAZARDS** that might be present with respect to that equipment or work method

A QUALIFIED Electrician shall be:

- **FAMILIAR with the proper use of PPE**, including arc-flash, insulating and shielding materials, insulated tools, and test equipment

**A person can be considered qualified with respect to certain equipment and methods but still unqualified for others!**

Info from NFPA 70E

## Slips and Falls

According to OSHA, slip-related accidents account for the majority of general industry accidents and 15% of all accidental deaths of workers on the job.

- **Footwear Choice** can help minimize the risk with anti-slip soles and specific tread designs and compounds.
- **Correct housekeeping hazards:**
  - Wet or oily surfaces
  - Clutter
  - Obstructions
- **Correct conditions that can cause hazards:**
  - Poor lighting or visibility
  - Floor openings
  - Weather related such as snow or ice removal
- **Proper use** of equipment/devices:
  - Ladders
  - Scaffolds
  - Lifts

**Recognize and Identify the hazards and take appropriate preventive measures.**

**Control hazards by eliminating or reducing risks!**

Info from Occupational Safety and Health

## Have a Safe Holiday Season!

### 150 Safety Committee

Tom Boivin	Gary Jost	Steve Crutchfield
Dave Roy	Jordan Guy	Jim White